

## *A Welcome Dinner for our **New Members***

“ *It is therefore more important than ever that Members try to make themselves available for events such as the New Members Dinner. This is a fantastic social event which allows new Members to meet and introduce themselves to existing ones over a splendid four course dinner.* ”



During the past year Membership enquiries have steadily increased, in fact in the last 6 weeks the Club has welcomed 16 new Members and overall since January, 47. It is therefore more important than ever that Members try to make themselves available for events such as the New Members Dinner. This is a fantastic social event which allows new Members to meet and introduce themselves to existing ones over a splendid four course dinner. This dinner is not only for new “newbies” and their proposers but for all Club Members to enjoy the excellent food with paired wine and of course conversation. Prior to COVID and customary for this event, all attendees would all sit on one large table and the new Members would move places between courses, we hope this tradition can now be revived. You can be assured though that the congenial atmosphere of the event will ensure that all attendees have become acquainted prior to the ports arrival at the table.

New Members are requested to contact the Club to book themselves and their proposers onto this event which takes place on **Thursday 16th September**. Please note that the dress code is black tie.

## THIS IS NO ORDINARY QUIZ, GET READY TO TEST BOTH YOUR BRAINS AND SENSES

Many of you will recall that the Club planned to host a quiz night in July, unfortunately the event had to be postponed and is now scheduled to take place on the evening of **Thursday 9th September**. Members and their guests will be able to battle it out in a number of rounds in order to test their mental agility and stamina, and I have been promised by the hosts that there will be a few additional surprises.

The event is hoping to raise money for the Lukeeta Foundation and is hosted by DC or as Member's know them Danny and Cat and it promises to be a fun and interactive evening. We have been informed that there will be numerous rounds designed not only to test general knowledge but all of the senses. It is certain to be an interesting evening, offering the winning team not only prizes and bragging rights but the title of St James's Club Quiz Champions. Between rounds a supper will be served to keep up the participant's strength and stamina. For more details contact [info@stjc.org.uk](mailto:info@stjc.org.uk).



# *A Feast of Entertainment*

## *September's Speakers Events*



This month we have 2 fantastic addressing Members and their guests at the Club, one a luncheon at the start of the month, the second a dinner at the end. The luncheon on the **7th September** is with Dr Naomi Murphy, Co-founder of Perform Psychology, Consultant Clinical and Forensic Psychologist, Honorary Professor (Nottingham Trent University); Sensorimotor Psychotherapist; trauma-focused; podcast co-host; "Disagreeable Giver". Her address is entitled "Eustress - Use Your Stress to Work for you not Against you". Naomi is a highly experienced clinical and forensic psychologist. Her talk will help each all of us to recognise the difference between healthy and unhealthy stress and achieve a better work-life balance that can help you cope confidently with the pressures of a demanding work role. In addition, she will discuss the benefits of eustress (healthy stress) and how to prevent unhealthy stress levels by befriending your inner fire fighter

and harnessing its strengths. She will also discuss ways to cool it when you need to make high risk decisions and achieve successful outcomes.

The dinner on **Thursday 23rd** will see guest speaker Diana Mather FRSA address Members and Guests on the topic of "The Extravagant Exploits of an Etiquette Expert from Around the World, and tips on Modern Etiquette". Diana trained as an actress and performed in the theatre and TV drama, before joining BBC Breakfast as a newsreader. After leaving the BBC she formed a company teaching media and presentation skills, but a quirk of fate took her in an entirely different direction when she started the world's first Finishing for Gentlemen in a castle in Scotland in 2006. This led to an extraordinary globe-trotting journey teaching etiquette and good manners for males and females in India, China, Russia, Iran and Uzbekistan as well as various countries in Africa. As you can imagine, she found herself in some interesting situations, including a stint at The Edinburgh Fringe in 'The Etiquette Show - Much ado about Everything'. Diana is at the top of her field and even turned down a role as a judge on the ITV series "Ladette to Lady" but is a social commentator and body language expert featuring regularly on Sky and BBC television. This delightful and upbeat evening will include some tips on British etiquette and is not one to miss. **Please contact Luke at the Club to reserve your places for yourself, friends and work colleagues on [info@stjc.org.uk](mailto:info@stjc.org.uk).**

**MANCHESTER'S**  
FINEST PRIVATE DINING FACILITY



Very few, if any Manchester venues can offer their guests the superb facilities, service, and location that the St James's Club Membership enjoy. So, whether you are entertaining clients, colleagues, friends, family, or fellow Members the Club can bring groups together in a convivial and private environment that will certainly enhance you and your guests dining experience. The Club's staff has vast experience in the organisation of private events. GM Michael Naylor and Head Chef Steven Wright can help with the arrangements, whether you wish to offer your guests a buffet, set luncheon or dinner or a special and unique menu. It has been a tough year so why not indulge yourself and host a lunch or dinner in your Club for your business, family or friends; **it is one of your privileges.**

## A NEW STARTER

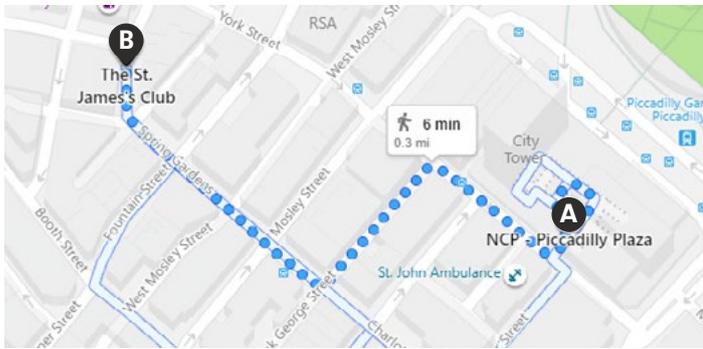
The Club in its continual quest to improve its service offering, so without further ado, please welcome Luke Fletcher to the team. Luke is taking up a dual role of Administrative and Duty Manager. Luke has extensive industry experience and has worked previously with our GM Michael Naylor. If you have any questions pertaining to event bookings, reciprocal Clubs or events please contact Luke on **[info@stjc.org.uk](mailto:info@stjc.org.uk)** and he will only be happy to assist.



# Members Car Parking

The Club's Car Parking facility is located at the **NCP at the Piccadilly Plaza Hotel**, some 250m from our front door. The car park is unmanned, has no physical barriers but uses a camera operated recognition system to monitor usage. Members can purchase car parking tickets from the Club for **£12 which offers 12 hours of parking**. The tickets are simple to use; having purchased a ticket and returning to your vehicle, approach the car park ticket machine and enter your car registration, you will then be asked to pay or enter a code. The individual 10-digit code is printed on the ticket, upon entering the code your ticket will be validated; you can then leave the car park.

The tickets are valid for 6 months from the date they are purchased from the Club. The Car Park address is **NCP City Tower, New York Street, Manchester M1 4AJ**, the facility opens at 06.00 and closes at 23.00 each day.



# Members Information

The Committee are delighted to have elected to Membership, Mr George Deeb, Mr Anthony Healy, Mr Andrew Morgan, Mr Peter Bradbury, Mr Amman Ahmed, Dr Jamie Hossack, Ms Emma Louise Merva, Mr Steve Hughes, Mr Ricardo de Varennes Pensewick, Mr Challon Smith, Mr Liam Bestwick, Ms Jennifer Cunningham, Mr James Mercer, Mr Mark Tucker, Mr Kristian Bennison, Mr Calum Ayre and Associate Member Mrs Maria Costello.

## CONGRATULATIONS

To Mr Robert Hepworth on his 101st birthday,  
his 72nd as a Member of the Club!



### For further information please contact:

The St. James's Club  
45 Spring Gardens, Manchester, M2 2BG  
Tel: 0161 829 3000  
Email: [events@stjc.org.uk](mailto:events@stjc.org.uk)  
Website: [www.stjc.org.uk](http://www.stjc.org.uk)

## SOCIAL EVENTS CALENDAR

Lunching every day  
12.30-2pm

Evening & Private Dining  
Can be made by arrangement of the Manager

### SEPTEMBER

#### Retired Members Lunch

Monday 6th  
12.30-1pm

#### Speakers Lunch

Dr Naomi Murphy (Psychologist)  
Tuesday 7th  
12.30-1pm

#### Charity Quiz & Supper

Thursday 9th  
6.30-7pm

#### Property Lunch

Tuesday 14th  
12.30-1pm

#### Family Dinner

Wednesday 15th  
6.30-7pm

#### New Members Dinner

Thursday 16th  
6.30-7pm

#### Retired Members Lunch

Monday 20th  
12.30-1pm

#### Life Members Lunch

Tuesday 21st  
12.30-1pm

#### Speakers Dinner

Diana Mather (Etiquette)  
Thursday 23rd  
6.30-7pm

#### Associate Members Lunch

Tuesday 28th  
2.30-1pm

#### Wine Tasting

Thursday 30th  
6.30-7pm



Don't forget to follow the Club on Twitter or join the WhatsApp Social Group!

